



Langtoft Primary School

Safeguarding Newsletter

DECEMBER 2023

WHO TO CONTACT IF YOU HAVE A CONCERN ABOUT A CHILD

If you are worried about a child's safety, please do not hesitate to contact one of the school's Designated Safeguarding Leads.

Meet the Designated
Safeguarding Team:

Designated Safeguarding Lead



Mrs Wood

Deputy Designated
Safeguarding Lead



Mr Dolby

If you believe that a child may be a victim of neglect, abuse or cruelty call **Lincolnshire Children's Safeguarding Services**

01522 782111 (Mon-Fri 8am-6pm)

01522 782333 (out of hours)

If a child is in immediate danger call the police on 999.

Dear Parents/Carers,

Welcome to the first edition of our Safeguarding newsletter which we will now publish termly.

Safeguarding our pupils is of the utmost importance at Langtoft Primary School and all of our staff are committed to safeguarding each and every member of our school community.

With Christmas just around the corner and the excitement that it brings, there is lots to look forward to. However, whilst we know that this can be an exciting time, for some it can be difficult for many reasons, especially given the current economic climate. We are here to support any families who may find the coming weeks difficult, so please do get in touch if you are worried. We can signpost to local services who may be able to help.

In this newsletter you can find information about how to help your children stay safe online, Foodbank support, domestic abuse and various useful contacts. Other safeguarding information plus our school can also be found on our school website.

<https://www.langtoft.lincs.sch.uk/Safeguarding.asp>

Foodbank

As a school, we are now partnering with the local Foodbanks to support any families who come across financial hardship and need short term support.

If you, or anyone you know, would benefit from this service, or need further information, please contact Mrs Wood.

We will be able to issue a voucher with a specific code, which you can then take to the local Foodbank in Market Deeping or Bourne.

For opening times please see their individual websites.

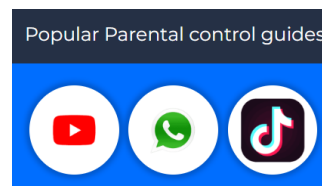
Personal Safety

The HollyGuard app has been recommended to support personal safety. It is an app that can track a person's location as they make their way home or simply go about their day to day tasks. If you feel unsafe, all you need to do is shake your phone to send an alert to a group of contacts to warn them that you may be in danger. Once the phone has been shaken, it then starts recording both audio and visual footage of what's happening around you. It can also emit a high-pitched beeping to alert others nearby.

Online Safety

We regularly send information to support parents with online safety. With Christmas just around the corner and more and more children likely to be bought technology based gifts, please talk to your child/ren about the following to help keep them safe online:

- Ensure your child knows not to share personal information online
- Set up privacy settings wherever they exist
- Be a good online friend
- Direct children to secure and legal sites to download
- Advise children to check attachments for viruses and pop-ups



If you need any support with understanding parental controls, please see:

<https://www.internetmatters.org/parental-controls/>

To help your child get the most of the internet, see: <https://www.thinkuknow.co.uk/parents/>

Domestic Abuse

Domestic Abuse can take various forms. Behaviour is 'abusive' if it consists of any of the following:

- Physical or sexual abuse
- Violent or threatening behaviour
- Controlling or coercive behaviour
- Economic abuse
- Psychological, emotional or other abuse

The Lincolnshire Domestic Abuse Specialist Service offer specialist support and assistance to individuals and families in Lincolnshire who are experiencing domestic abuse.

Children and young people who are exposed to domestic abuse often experience emotional distress and persistently high levels of anxiety which can impact on their progress and development into later life. They may also exhibit behaviours such as feeling angry, guilty, insecure, alone, frightened, powerless and confused. The Children and Young People (CYP) support service provides up to eight weeks of structured and personalised support for eligible children and young people aged 5-16 years old, with the aim to increase their safety, achieve identified support outcomes, improve their well-being and promote recovery.

Other sources of support can be found at <https://www.nationaldahelpline.org.uk/>

Perpetrator Support: <https://respectphonenumber.org.uk/>

Useful Contacts

- ◆ EDAN Lincs Domestic Abuse Service
01522 510041 <https://edanlincs.org.uk/>
Providing support and assistance to men, women and children suffering, or fleeing from domestic abuse in Lincolnshire.
- ◆ Healthy Minds <https://www.lpft.nhs.uk/young-people/lincolnshire/young-people/i-need-more-help/healthy-minds-lincolnshire>
Providing support and treatment for children, young people and their families who are experiencing emotional wellbeing difficulties.
- ◆ Place2Be <https://www.place2be.org.uk/>
Is a children's mental health charity working with pupils, families and staff in UK schools.
- ◆ MIND 0300 123 3393
<https://www.mind.org.uk/>
Providing support for people living with a mental health problem or supporting someone with a mental health condition.
- ◆ Family Lives 0808 800 2222
<https://www.familylives.org.uk/>
Providing early intervention and crisis support to families.