

# WHO TO CONTACT IF YOU HAVE A CONCERN ABOUT A CHILD

If you are worried about a child's safety, please do not hesitate to contact one of the school's Designated Safeguarding Leads.

Meet the Safeguarding Team:

Designated Safeguarding Lead



Mrs Wood

Deputy Designated Safeguarding Leads



**Mr Hudson-Davies** 



Mrs Nickson

If you believe that a child may be a victim of neglect, abuse or cruelty call Lincolnshire

Children's Safeguarding

Services

01522 78211 (Mon-Fri 8am-6pm) 01522 782333 (out of hours)

If a child is in immediate danger call the police on 999.

# Langtoft Primary School

# Safeguarding Newsletter

JUNE 2025

Dear Parents/Carers,

Welcome to this term's Safeguarding newsletter. In this edition you can find various resources to help support your child transitioning to secondary school or a new year group, information about keeping safe in the holidays including water safety, ideas of places to visit and what to do to help keep your child safe and entertained plus information about Operation Encompass.

### **Transition Support**

Many children may be feeling anxious or apprehensive about transitioning to secondary school in September or even moving to a new year group in primary school. Healthy Minds offers a variety of resources and online workshops to help you support your child with this, including a specific moving to secondary school online workshop for parents which gives practical advice about making the transition a positive experience.

https://www.lpft.nhs.uk/young-people/online-workshops

# Water Safety

Drowning Prevention Week (14th-21st June) is one of the largest summer water safety campaigns and with the warmer weather and summer holidays ahead when children spend more time outdoors, it is vital to teach them about water safety skills to help keep them safe.

The Royal Life Saving Society has a variety of resources and videos you can share with your child including teaching them about the water safety code:

- Stop and Think: look out for dangers near the water, wear things that can keep you safe, swim where there are lifeguards and know that the flags on the beaches mean and think about the depth of the water.
- Stay Together: never swim alone, stay with friends and family.
- Call 999: never go into the water to rescue someone, instead call for help and ring 999.
- Float: if you do fall in the water, lie on your back and spread your arms and legs like a star and float. Shout for help. If you see someone else in the water, throw them something that floats.

https://www.rlss.org.uk/listing/category/drowning-prevention-week-resources-for-families

### Support in the Summer

Six weeks can be a long time to manage without the structure and routine of school and juggling work commitments and looking after children. Here are some suggestions you can use to help:

- H.A.Y. Lincolnshire: is an online directory helping people to find local groups, activities and services to boost mental health and wellbeing, from outdoor spaces to sporting activities in all different areas of Lincolnshire. <a href="https://haylincolnshire.co.uk/">https://haylincolnshire.co.uk/</a>
- MIND: has a section of supporting parents during the summer holidays and have collected a variety of resources that you might find helpful. <a href="https://www.mind.org.uk/news-campaigns/campaigns/mental-health-at-work-commitment/resources/supporting-parents-during-school-holidays/">https://www.mind.org.uk/news-campaigns/campaigns/mental-health-at-work-commitment/resources/supporting-parents-during-school-holidays/</a>
- Family Action: Helping families navigate the support that's available in the community <a href="https://family-action.org.uk/self-help/managing-children-over-the-summer-holidays/">https://family-action.org.uk/self-help/managing-children-over-the-summer-holidays/</a>

## Anaphylaxis UK

Anaphylaxis UK have added some resources to help manage allergy-related anxiety including evidence-based coping strategies and new videos. <a href="https://www.anaphylaxis.org.uk/living-with-serious-allergies/anxiety-and-allergies/coping-strategies-for-allergy-induced-anxiety/">https://www.anaphylaxis.org.uk/living-with-serious-allergies/anxiety-and-allergies/coping-strategies-for-allergy-induced-anxiety/</a>

## **Operation Encompass**

Operation Encompass is a national scheme that operates jointly between schools and all police forces and means that our school will be told when police have attended an incident of domestic abuse where there is a child or young person who attends our school who is related to any of those involved in the incident.

We have ensured that members of our staff have been trained about Operation Encompass procedures. This allows us to use the information that has been confidentially shared with us by the police, to understand how a child may be impacted by domestic abuse and to then offer support to the child/ren in our care.

If you, or someone you know, is affected by domestic abuse you can seek help from the Lincolnshire Domestic Abuse Specialist S e r v i c e o n 0 1 5 2 2 5 1 0 0 4 1 o r Lincolnshire Domestic Abuse Specialist Service

### **Useful Contacts**

- Service 01522 510041

  <a href="https://edanlincs.org.uk/">https://edanlincs.org.uk/</a>
  Providing support and assistance to men, women and children suffering, or fleeing from domestic abuse in Lincolnshire.
- Healthy Minds <a href="https://">https://</a>
   www.lpft.nhs.uk/young-people/
   lincolnshire/young-people/i-needmore-help/healthy-mindslincolnshire

Providing support and treatment for children, young people and their families who are experiencing emotional wellbeing difficulties.

- Place2Be
   https://www.place2be.org.uk/

   Is a children's mental health charity
   working with pupils, families and
   staff in UK schools.
- MIND 0300 123 3393
   https://www.mind.org.uk/

   Providing support for people living with a mental health problem or supporting someone with a mental health condition.
- Family Lives 0808 800 2222
   https://www.familylives.org.uk/
   Providing early intervention and crisis support to families.
- NSPCC 0808 800 5000
   www.nspcc.org.uk
   Children's charity which provides
   support to prevent abuse and helping those affected to recover.
- Young Minds 0800 8025544
   Charity that provides information and advice to young people and parents/carers.