



Langtoft
Primary School

WHO TO CONTACT IF YOU HAVE A CONCERN ABOUT A CHILD

If you are worried about a child's safety, please do not hesitate to contact one of the school's Designated Safeguarding Leads.

Meet the Safeguarding Team:

Designated Safeguarding Lead



Mrs Wood

Deputy Designated
Safeguarding Leads



Mr Dolby



Mrs Nickson

If you believe that a child may be a victim of neglect, abuse or cruelty call **Lincolnshire Children's Safeguarding Services**

01522 782111 (Mon-Fri 8am-6pm)
01522 782333 (out of hours)

If a child is in immediate danger call the police on 999.

Langtoft Primary School Safeguarding Newsletter

MARCH 2024

Dear Parents/Carers,

Welcome to the second edition of our Safeguarding newsletter.

In this newsletter you can find information about our pastoral support in school and how to help support your child with their mental health, plus information and link to a video for parents on malicious communication. There is also a list of useful contacts. Other safeguarding information plus our school safeguarding policy can also be found on our school website.

<https://www.langtoft.lincs.sch.uk/Safeguarding.asp>

Mental & Emotional Health Support

As a school, we place a big emphasis on supporting the children's mental and emotional wellbeing, to help them feel safe and happy so they are in a position to learn. In addition to all children having trusted adults in school to speak with, we have a dedicated pastoral team made up of Mrs Potts, Mrs Nickson, Mrs Wall & Mrs Redman who support children across the school and run specific pastoral interventions such as Feelings Detectives, Lego Nurture Therapy, ELSA, Lego Therapy and Drawing and Talking Therapy. We also have a great team of Year 5 children who are our Wellbeing Champions.

If you feel your child would benefit from support in school, whether they are feeling particularly anxious, have suffered from a recent trauma, or are struggling with their mental/emotional wellbeing, please do get in touch with us. We are also able to make referrals on your behalf to outside agencies such as Healthy Minds and CAMHS (Child and Adolescent Mental Health Services) through completing an Early Help Assessment.

If you are concerned about your child's emotional or mental wellbeing, there is a wealth of support and resources available to parents/carers which can be used to help your child at home, including online workshops, strategies to try at home, parents helpline and you can also self-refer to services. There are also local support services based in Bourne, Stamford and Deeping.

<https://www.lpft.nhs.uk/young-people/lincolnshire/parents-and-carers/how-can-i-help-my-child> 0800 234 6342

<https://www.youngminds.org.uk/parent> 0808 802 5544

Malicious Communication

Malicious Communications has been an on-going problem in Lincolnshire for several years. Online behaviour is something we talk regularly to children in our school about within our PSHE and Online Safety lessons.

The Lincolnshire Stay Safe Partnership want to make sure parents/carers are aware of the laws and the potential consequences their child's online behaviours can have.

Although bullying, cyberbullying or trolling are not specific criminal offences in UK law, there are criminal laws that can apply in terms of harassment or threatening behaviour and the age of criminal responsibility in the UK is **10-years old**.

If you or your child receive threatening, obscene or repeated messages or fear for your safety, this is against the law and you should contact the police. There are a number of laws that are relevant:

- Communications Act 2003: This Act cover all forms and types of public communication. With regards to comments online, it covers the sending of grossly offensive, obscene, menacing or indecent communications and any communication that causes needless anxiety or false accusation.
- Protection from Harassment Act 1997: This Act covers any form of harassment that has occurred 'repeatedly'.
- The Malicious Communications Act 1988: This Act covers the sending of grossly offensive or threatening letters, electronic communications or any other form of message with the intention of causing harm, distress or anxiety.
- Equality Act 2010: This Act states that it is against the law to discriminate against anyone on the ground of protected characteristics. These include disability, gender reassignment, race, religion, sex and sexual orientation.
- Hate crimes and speech. If you commit a crime against someone because of their religion, race, sexual orientation or disability, this is classified as a hate crime. These should be reported to True Vision www.report-it.org.uk

There is also a useful video from Dan, the online safety officer for Lincolnshire, aimed at parents to explain this

<https://www.youtube.com/watch?v=AkI9CgpP9t8>

Useful Contacts

- ◆ EDAN Lincs Domestic Abuse Service 01522 510041
<https://edanlincs.org.uk/>
Providing support and assistance to men, women and children suffering, or fleeing from domestic abuse in Lincolnshire.
- ◆ Healthy Minds <https://www.lpft.nhs.uk/young-people/lincolnshire/young-people/i-need-more-help/healthy-minds-lincolnshire>
Providing support and treatment for children, young people and their families who are experiencing emotional wellbeing difficulties.
- ◆ Place2Be <https://www.place2be.org.uk/>
Is a children's mental health charity working with pupils, families and staff in UK schools.
- ◆ MIND 0300 123 3393
<https://www.mind.org.uk/>
Providing support for people living with a mental health problem or supporting someone with a mental health condition.
- ◆ Family Lives 0808 800 2222
<https://www.familylives.org.uk/>
Providing early intervention and crisis support to families.
- ◆ NSPCC 0808 800 5000
www.nspcc.org.uk
Children's charity which provides support to prevent abuse and helping those affected to recover.
- ◆ Young Minds 0800 8025544
Charity that provides information and advice to young people and parents/carers.